

# MONDAY



## The River Studio

3 Hawthorne Ave, Nowra

STUDIO 1	CLASS	TEACHER
9:30am-10:00am	Preschool Yoga & Creative dance class	Miss Amy

STUDIO 1	CLASS	TEACHER
3:45pm-4:30pm	5-6yrs Physie	Miss Amy Miss Robbie
4:30pm-5:15pm	7-8yrs Physie	Miss Amy Miss Robbie
5:15pm-6:00pm	9-10yrs Physie	Miss Amy Miss Robbie
6:00pm-6:45pm	11-12yrs Physie	Miss Amy Miss Robbie
6:45pm-7:30pm	13 - 15yrs Physie	Miss Amy Miss Robbie

STUDIO 2	CLASS	TEACHER
4:30pm-5:30pm	5-6yrs Dance - Ballet Jazz Tap & Hip hop	Miss Steph
5:45pm-6:45pm	Teen Hip hop	Miss Steph
6:45pm-7:30pm	Teen Jazz	Miss Steph Miss Amy
7:30pm-8:15pm	Teen Modern	Miss Amy
8:15pm-9:00pm	Teen Ballet	Miss Amy

## North Nowra Studio

5/11 Geary Place, North  
Nowra

CLASS		
4:00pm-5:00pm	Cheerleading Development Program	Miss Teyara
5:00pm-6:00pm	Beginner Tumble	Miss Teyara Miss Eliza
6:15pm-6:45pm	Flyer Class	Miss Eliza

## Shoalhaven Cheer Academy Gym

4/11 Geary Place,  
North Nowra

	CLASS	TEACHER
4:00pm-5:30pm	Senior Level 2	Miss Eliza
5:30pm-6:00pm	S2 & Y1 Strength	Miss Maddy
6:00pm-7:00pm	Youth Level 1	Miss Maddy

# TUESDAY

## The River Studio

3 Hawthorne Ave, Nowra

STUDIO 1	CLASS	TEACHER
9:30am-10:00am	Preschool Physie (3yrs+)	Miss Amy
10:00am-10:30am	Toddler Dance (18mo-3yrs)	Miss Amy
10:45am-11:45am	Ladies Physie	Miss Amy
STUDIO 1	CLASS	TEACHER
4:00pm-5:00pm	7-9yrs Troupe Modern	Miss Emily
5:00pm-6:00pm	10-12yrs Troupe Modern	Miss Emily
6:00pm-7:00pm	13-16yrs Troupe Modern	Miss Emily
7:00pm-7:45pm	13-15yrs Troupe Tap	Miss Amy
7:45pm-8:30pm	Teen Tap	Miss Amy
STUDIO 2	CLASS	TEACHER
4:00pm-5:00pm	13-16yrs Troupe Jazz	Miss Amy
5:00-6:00pm	7-9yrs Troupe Jazz	Miss Amy
6:00pm-7:00pm	10-12yrs Troupe Jazz	Miss Amy
STUDIO 3	CLASS	TEACHER
4:00pm-5:00pm	10-12yrs Troupe Hip hop	Miss Steph
5:00-6:00pm	13-16yrs Troupe Hip hop	Miss Steph
6:00pm-7:00pm	7-9yrs Troupe Hip Hop	Miss Steph

## North Nowra Studio

5/11 Geary Place, North  
Nowra

CLASS	TEACHER
4:00pm-4:45pm	7-12yrs Hip hop
4:45pm-5:30pm	Boys Hip hop/Breakdancing
5:30pm-6:15pm	Boys Hip Hop Performance Troupe

## Shoalhaven Cheer Academy Gym

4/11 Geary Place,  
North Nowra

CLASS	TEACHER
4:00pm-6:00pm	Junior Level 1

# WEDNESDAY

## The River Studio

3 Hawthorne Ave, Nowra

STUDIO 1	CLASS	TEACHER
9:30am-10:15am	Preschool Dance (Ballet, Jazz, Hip Hop)	Miss Steph Miss Amy

STUDIO 1	CLASS	TEACHER
4:00pm-5:00pm	5-8yrs Physie	Miss Robbie
5:00pm-6:00pm	9-12yrs Physie	Miss Robbie
6:15pm-7:15pm	13-15yrs Physie	Miss Robbie

Miss Steph will be assisting with the above Physie lessons

STUDIO 2	CLASS	TEACHER
4:00pm-5:00pm	9-12yrs Pom/Acro Arts	Miss Amy
5:00-6:00pm	5-8yrs Pom/Acro Arts	Miss Amy
6:15pm-7:15pm	Ladies Physie	Miss Amy
7:15pm-8:00pm	Senior Pom	Miss Amy

## North Nowra Studio

5/11 Geary Place, North  
Nowra

CLASS	TEACHER
4:00pm-5:00pm	8-12yrs Musical Theatre
5:00pm-6:00pm	Senior Musical Theatre
6:00pm-7:00pm	Adult Dance class

## Shoalhaven Cheer Academy Gym

4/11 Geary Place,  
North Nowra

CLASS	TEACHER
4:00pm-6:00pm	Senior Level 2
6:00pm-7:00pm	Advanced Tumble
6:30pm-9:00pm	Open Level 2

# THURSDAY

## The River Studio

3 Hawthorne Ave, Nowra

STUDIO 1	CLASS	TEACHER
9:30am-10:00am	Preschool Acro Arts	Miss Amy Miss Eliza
10:00am - 10:45am	Adult - Barre Attack	Miss Amy

STUDIO 1	CLASS	TEACHER
4:00pm-5:00pm	7-9yrs Troupe Ballet	Miss Emily
5:00pm-6:00pm	10-12yrs Troupe Ballet	Miss Emily
6:00pm-7:00pm	13-16yrs Troupe Ballet	Miss Emily

STUDIO 2	CLASS	TEACHER
4:00pm-5:00pm	10-12yrs Acrobatic Arts	Miss Amy Miss Steph
5:00pm-6:00pm	7-9yrs Acrobatic Arts	Miss Amy Miss Steph
6:00pm-7:00pm	7-12yrs Troupe Tap	Miss Amy
7:00pm-8:00pm	13-16yrs Acrobatic Arts	Miss Amy Miss Steph

## North Nowra Studio

5/11 Geary Place, North  
Nowra

	CLASS	TEACHER
4:00pm-4:45pm	8-12yrs Ballet/Technique Class	Miss Tenneil
4:45pm-5:30pm	8-12yrs Jazz	Miss Tenneil
5:30pm-6:15pm	8-12yrs Modern/Contemp	Miss Tenneil

## Shoalhaven Cheer Academy Gym

4/11 Geary Place,  
North Nowra

	CLASS	TEACHER
4:00pm-5:00pm	Cheer Development Program	Miss Eliza Miss Teyara Miss Emma
5:00pm-7:00pm	Junior Level 1 Stunt Groups	Miss Eliza Miss Emma
7:00pm-8:00pm	Development	Miss Eliza

# FRIDAY

## The River Studio

3 Hawthorne Ave, Nowra

STUDIO 1	CLASS	TEACHER
9:30am-10:15am	Preschool Dance (Ballet, Jazz, Hip Hop)	Miss Amy

STUDIO 1	CLASS	TEACHER
3:45pm-4:45pm	Senior Physie	Miss Amy
4:45pm-5:15pm	PRIVATES	Miss Amy
5:15pm-5:45pm	PRIVATES	Miss Amy
5:45pm-6:15pm	PRIVATES	Miss Amy
6:15pm-6:45pm	PRIVATES	Miss Amy

STUDIO 2	CLASS	TEACHER
3:45pm-4:15pm	Pointe Class	Miss Emily
4:15pm-4:45pm	PRIVATES	Miss Emily
4:45pm-5:15pm	PRIVATES	Miss Emily
5:15pm-5:45pm	PRIVATES	Miss Emily
5:45pm-6:15pm	PRIVATES	Miss Emily
6:15pm-6:45pm	PRIVATES	Miss Emily

STUDIO 3	CLASS	TEACHER
4:15pm-4:45pm	PRIVATES	Miss Steph
4:45pm-5:15pm	PRIVATES	Miss Steph
5:15pm-5:45pm	PRIVATES	Miss Steph
5:45pm-6:15pm	PRIVATES	Miss Steph
6:15pm-6:45pm	PRIVATES	Miss Steph

## North Nowra Studio

5/11 Geary Place, North  
Nowra

CLASS		TEACHER
3:45pm-4:15pm	PRIVATES	Miss Robbie
4:15pm-4:45pm	PRIVATES	Miss Robbie
4:45pm-5:15pm	PRIVATES	Miss Robbie
5:15pm-5:45pm	PRIVATES	Miss Robbie
5:45pm-6:15pm	PRIVATES	Miss Robbie

## Shoalhaven Cheer Academy Gym

4/11 Geary Place,  
North Nowra

CLASS		TEACHER
4:00pm-5:00pm	Beginner Tumble	Miss Eliza
5:00pm-5:30pm	Flyer Class	Miss Eliza
5:30pm-6:30pm	Youth Level 1	Miss Maddy Miss Teyara
6:30pm-7:30pm	Intermediate Tumble	Miss Maddy Miss Teyara

# SATURDAY

## The River Studio

3 Hawthorne Ave, Nowra

STUDIO 1	CLASS	TEACHER
9:30am-10:00am	Jazz Dance Class	Mr Jordan
10:00am-10:30am	Hip Hop Dance Class	Mr Jordan
10:30am-11:00am	Hip Hop Skills/Breakdance Class	Mr Jordan
11:30am-12:00pm	PRIVATES	Mr Jordan
12:00pm-12:30pm	PRIVATES	Mr Jordan
12:30pm-1:00pm	PRIVATES	Mr Jordan
STUDIO 2	CLASS	TEACHER
10:00am-10:30am	PRIVATES	Miss Amy
10:30am-11:00am	PRIVATES	Miss Amy
11:00am-11:30am	PRIVATES	Miss Amy
11:30am-12:00pm	PRIVATES	Miss Amy

## North Nowra Studio

5/11 Geary Place, North  
Nowra

CLASS	TEACHER
11:00am-11:30pm	PRIVATES
11:30am-12:00pm	PRIVATES
12:00pm-12:30pm	PRIVATES
12:30pm-1:00pm	PRIVATES
1:00pm-1:30pm	PRIVATES

## Shoalhaven Cheer Academy Gym

4/11 Geary Place,  
North Nowra

CLASS	TEACHER
11:00am-11:30pm	PRIVATES
11:30am-12:00pm	PRIVATES
12:00pm-12:30pm	PRIVATES
12:30pm-1:00pm	PRIVATES